## FOR IMMEDIATE RELEASE

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## Bike to Work Week Rolls into Ventura County May 14-18

Ventura, Calif. – The <u>Ventura County Transportation Commission (VCTC)</u> and the <u>Ventura County Air Pollution Control District (VCAPCD)</u> are pleased to announce the start of Bike to Work Week, an annual event that encourages Ventura residents to leave their cars at home and ride their bicycles to work, school, or for fun. Bike to Work Week runs May 14-18, 2018.

In honor of Bike to Work Week, organizations across Ventura County will host and promote bike-related events, including:

- May 11 & 12 Riding Ready A Bicycle Skills Course in Ventura https://bikeventura.wildapricot.org/widget/event-2855829
- May 14 Amgen Tour of California https://www.amgentourofcalifornia.com/2018-stage-2-mens
- May 17 Bike to Work Day, City of Ventura Pit Stops https://www.cityofventura.ca.gov/420/Bicycling-Walking

The Ventura County Fire Department offers permanent bike repair stations at several fire stations throughout the County and they have added seven more in time for Bike to Work Week.

- FS-20: 12727 Santa Paula-Ojai Rd., Upper Ojai
- FS-21: 1201 E. Ojai Ave., Ojai
- FS-23: 15 Kunkle ST., Oak View
- FS-25: 5674 W. Pacific Coast Hwy., Ventura
- FS-32: 830 S. Reino Road, Newbury Park
- FS-33: 33 Lake Sherwood Dr., Thousand Oaks

- FS-36: 855 Deerhill Rd., Oak Park
- FS-42: 295 E. High St., Moorpark
- FS-43: 5874 E. Los Angeles Ave., Simi Valley
- FS-44: 1050 Country Club Dr., Simi Valley
- FS-50: 189 S. Los Posas Rd., Camarillo
- FS-52: 5353 Santa Rosa Rd., Camarillo
- FS-53: 304 Second St., Port Hueneme

VCTC's interactive <u>bicycle map</u> flags these bike repair stations as well as the region's multitude of bike paths. The Ventura County Fire Department posts updates on bike repair stations on <u>Facebook</u>, <u>Instagram</u> and <u>Twitter</u>.

According to the VCAPCD, more than half of all air pollution in Ventura County comes from mobile sources. Combining a bicycle trip with VCTC bus is a contribution to minimize pollution while providing a healthier lifestyle. Every VCTC bus is equipped with bike racks.

"Air quality and public heather is priority for VCTC, VCAPCD and every resident of Ventura County. Riding a bicycle provides a healthy alternative to our residents while contributing to the preservation of our environment," said Darren Kettle, VCTC executive director.

Experienced cyclists and those trying it out for the first time are invited to participate in a survey to provide their ideas to improve Ventura County's bicycle netork. Visit <a href="https://www.goventura.org/rideshare">www.goventura.org/rideshare</a> for details.

For more information about transportation, air quality and ridesharing during Bike to Work Week or any week, follow VCTC (@goVCTC) on Facebook, Twitter or Instagram and VCAPCD (@VCAPCD) on Twitter.

## **About the Ventura County Transportation Commission**

The Ventura County Transportation Commission is the regional transportation planning agency committed to keeping Ventura County moving. Program information is available at goventura.org.

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